

# Priestsic Primary and Nursery School

## Early Years Foundation Stage



## Communication and Language in Foundation 1



Guidance for Parents and Carers

# Communication and Language Booklet - FI

This booklet provides some guidance and suggestions of activities you can do to support your child's communication and language. This includes their listening skills, their understanding and their speaking. Do not under estimate the power of play to develop your child's language. Play alongside them, talking about what you are doing, engage in conversation with them, make up stories together.

This guidance comes from the Nottinghamshire Healthcare Team for Speech and Language.

## Seven Top Tips


1. Talk with me all day - bath time, meal times, whilst I play.
2. Sing songs and rhymes with me.
3. Have face to face conversations - get down to your child's level to talk to them.
4. Listen to me, giving me time to talk - I have a lot to say.
5. Get rid of dummies, send them to the dummy fairy or Santa - use only for bed time if needed.
6. Switch off electronic devices, including the TV to talk to me - avoid distractions.
7. Share books with me everyday.

The Nottinghamshire Healthcare Team produce activities or information to support language development - Talking Tuesdays. Check out their webpage or follow them on Facebook. <https://www.nottinghamshirehealthcare.nhs.uk/talking-tuesday-challenges> Some example activities are shown.

**Talking Together**

**At 3 years, your child will be starting to...**


- use about 500 to 700 words.
- enjoy make-believe play, e.g. dressing-up.
- follow longer instructions with three key words e.g. 'find the cup and put it in Kim's bag'.
- use sentences of around 4 or more words.
- use little grammar words like 'I', 'me', 'a', 'the', and putting 'ed' endings on doing words e.g. 'We walked' but will use immature grammar sometimes e.g. 'shutted'.
- talk about things that happened in the past and what might happen in the future.
- ask lots of 'what', 'where' and 'why' questions.



**Switch off and talk with me**

**Talking Together**

**Helpful Hints**



I love make-believe games and really enjoy it when you play these with me.

I may make mistakes when I talk. Don't worry - just repeat back with an adult model. E.g. If I say "I bought the book" say back to me "Yes, you bought the book".

Because my language is developing so much, I might start to stumble on some words. This is ok, just give me lots of time to talk and try not to draw attention to the stumbles.

You don't need to ask me to copy words back - I'll learn it best from hearing you say it.

Read my favourite book to me over and over again. Encourage me to join in and say some of the words to 'pretend read'.

I feel really good when you look at me when I am talking. It lets me know that what I am saying is important.

# SING SONGS & RHYMES ...

Talking  
Tuesdays!



This month's Talking Tuesday Challenge is all about sharing songs and rhymes; can you complete all of these challenges?

Make props to help choose what to sing, you could try a bag, symbols or singing spoons!



Learn a new song

Make your own instruments – you could try dry rice in an empty yoghurt pot



WITH ME!



## Talking Together Challenge:

Turn your  
washing up bowl...



... into a car wash!



## Talking Together Challenge:

Make a shaker!



Talking  
Language  
for Life  
Tuesdays!

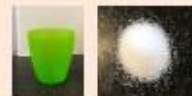
## Playdough Recipe

You will need:

2 cups of plain flour



1 cup of salt



1/2 – 1 cup of warm water



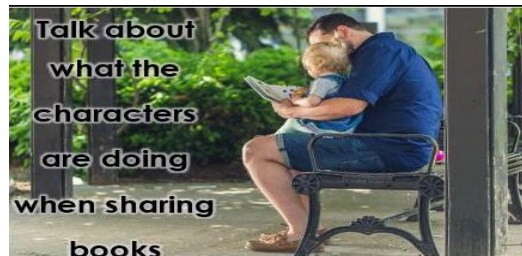
1 tablespoon of oil



Food colouring as required

Mix all the ingredients together until they come together

**Did you know** you can also add spices (e.g. cinnamon) and herbs (e.g. rosemary) to make your playdough smell lovely too!



Talk about  
what the  
characters  
are doing  
when sharing  
books





## Talking Together Challenge: Play Hide and Seek



## Talking Together Challenge: Rescue the animals from the ice!



Tell a story using a book



Tell a story using puppets or  
cuddly toys



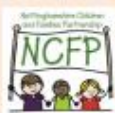
Make up a story together using a  
bag of objects



Take pictures throughout the day,  
look at them together and talk  
about what you have done



## Talking Tuesday Challenge: Storytelling



Talking  
Tuesdays!

## What's in the bag?

**Easy:**

Name the  
objects or see if  
your child can  
name them

**Harder:**

Talk about what  
the objects are  
used for and see  
if your child can  
guess the object

It's a fork



You use it to  
eat your  
dinner with

It's got a  
handle and  
spiky bits to  
pick up food

**Hardest:**  
Describe what  
the object feels  
like and see if  
your child can  
name them



Collect some everyday  
objects and put them  
in the bag

e.g. spoon, shoe,  
blocks, cup, book,  
nappy

Talking  
Tuesdays!



## Talking Together Challenge:

Paint with water!

Talking  
Tuesdays!

## This box could be ...

Language  
For Life

