

Priestsic Primary and Nursery School

Early Years Foundation Stage



Communication and Language in Foundation 2



Guidance for Parents and Carers

Communication and Language Booklet - F2

This booklet provides some guidance and suggestions of activities you can do to support your child's communication and language. This includes their listening skills, their understanding and their speaking. Do not underestimate the power of play to develop your child's language. Play alongside them, talking about what you are doing, engage in conversation with them, make up stories together.

This guidance comes from the Nottinghamshire Healthcare Team for Speech and Language.

Seven Top Tips

1. Talk with me all day - bath time, meal times, whilst I play.
2. Sing songs and rhymes with me.
3. Have face to face conversations - get down to your child's level to talk to them.
4. Listen to me, giving me time to talk - I have a lot to say.
5. Get rid of dummies, send them to the dummy fairy or Santa - use only for bed time if needed.
6. Switch off electronic devices, including the TV to talk to me - avoid distractions.
7. Share books with me everyday.

The Nottinghamshire Healthcare Team produce activities or information to support language development - Talking Tuesdays. Check out their webpage or follow them on Facebook. <https://www.nottinghamshirehealthcare.nhs.uk/talking-tuesday-challenges>

Talking Together

At 4 years, your child is likely to...


- use lots and lots of words – about 1000 by age 4!!!
- seek out friends to play with.
- understand words that describe things, like 'hot' and 'cold', 'long' and 'short'.
- use linking words in my sentences - e.g. 'and', 'then'.
- understand language that relates to time e.g. 'yesterday', 'tomorrow'.
- use basic grammar correctly but still make mistakes e.g. "Mummy, I goed to the park".
- need less and less adult help to shift attention from a game to someone speaking and back again.
- use lots of speech sounds correctly but still find 'th', 'r', 'ch', 'j' and 'l' hard.

SWITCH OFF and TALK

Switch off and talk with me

Talking Together

Helpful Hints



Sing songs and rhymes with me. Draw attention to which words sound the same at the end (rhyming words).

Games like 'Simon Says' or musical statues help my listening skills.

Talk to me about what we have done and are going to do. E.g. "Remember when you splashed in that big puddle! We could go to the park again tomorrow."

Start clapping the beats (syllables) out in familiar people's names, e.g. "Let's clap Ben-ja-min, that's got 3 claps".

Give me an explanation using 'because'. E.g. "Those grapes are soft because they're not fresh".

Play board games with me – it really helps me to learn how to take turns.

I really enjoy sharing books with you – especially ones with rhymes. When you have told me a story, ask me if I can tell it back to you.

SING SONGS & RHYMES ...

Talking
Tuesdays!



This month's Talking Tuesday Challenge is all about sharing songs and rhymes; can you complete all of these challenges?

Make props to help choose what to sing, you could try a bag, symbols or singing spoons!



Learn a new song

Make your own instruments – you could try dry rice in an empty yoghurt pot



WITH ME!



Talking
Language
For
Life
Tuesdays!

Playdough Recipe

You will need:

2 cups of plain flour



1 cup of salt



1/2 – 1 cup of warm water



1 tablespoon of oil



Food colouring as required

Mix all the ingredients together until they come together

Did you know you can also add spices (e.g. cinnamon) and herbs (e.g. rosemary) to make your playdough smell lovely too!



Talking
Language
For
Life
Tuesdays!

Talking Tuesday Challenge: Make a Journey Stick!

Step 1: Go for a walk (take some string or elastic bands with you).

Step 2: Find a stick.

Step 3: Wrap some string or elastic bands around the stick.

Step 4: Stop and talk about the interesting things you see along your journey.

Step 6: When you get home, talk about the things you collected together!

Step 5: Collect any interesting things you see and attach them to your stick in the order you found them.

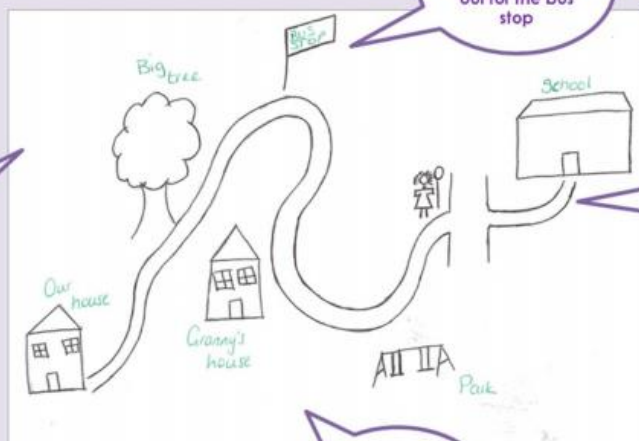


Talk about
what the
characters
are doing
when sharing
books

Challenge

Talk about what you can see on your way to school

First we've got to look for the big tree



Next we've got to look out for the bus stop

Wait for the lollipop person to help us cross the road to school

Try ...
Drawing a map together to help to remember what you are going to see next or how far you have to go

We go past Granny's house then the park

Talking Tuesdays!



What's in the bag?

Easy:
Name the objects or see if your child can name them

Harder:
Talk about what the objects are used for and see if your child can guess the object

It's a fork



You use it to eat your dinner with

It's got a handle and spiky bits to pick up food

Hardest:
Describe what the object feels like and see if your child can name them

Collect some everyday objects and put them in the bag

e.g. spoon, shoe, blocks, cup, book, nappy



Talking Tuesdays!

This spoon could be ...



Tell a story using a book



Tell a story using puppets or cuddly toys



Make up a story together using a bag of objects



Take pictures throughout the day, look at them together and talk about what you have done



Talking Tuesday Challenge: Storytelling



Talking Tuesdays!

Talking Tuesdays!

This box could be ...

Language for Life

