## What does PSHRE look like at Priestsic Primary School?

Talking Points is a scheme of work that covers the DfE Guidance for their new Physical Health, Mental Wellbeing and Relationships Education for Primary Schools. This is a compulsory guidance document for schools. Talking Points uses children's picture books to start age appropriate discussions with children about meaningful issues within society. Children are encouraged to take part in discussions and activities which include other groups of pupils, grown ups at home and parts of the community. Talking Points also aims to encourage a love of reading and to increase vocabulary understanding. It has been written by a currently serving Headteacher with a psychology background. The lessons taught in school help children to develop skills such as understanding another's point of view, working in a group, sticking at things when they get difficult, resolving conflict and managing worries.

## PSHRE at Priestsic Primary

"Be happy with what you have. Be excited about what you want."

Alan Cohen

Ultimately our PSHRE Curriculum is designed to:

Raise our aspiration through exposure of iconic people who have changed the views of others.

Celebrate diversity through exploring and enjoying other cultures.

Improve our vocabulary through discussing our thoughts and emotions.

Promote our health and well-being through knowing how to look our own and others' mental health.

## Why is PSHRE important?

PSHRE is all about preparing the children for the opportunities, experiences and responsibilities of life. They need to foster and develop a sense of their own being, their own personality and their own potential. At the same time, questioning moral issues at the heart of life. It is vital that children show an understanding and respect of peoples' beliefs and cultures, distinguishing between right and wrong as well as acquiring the skills and knowledge to do what is right. This will harness an appreciation of their own culture and of others.

## How is our PSHRE curriculum enriched at Priestsic Primary School?

At Priestsic Primary School, we aim to develop the underpinning qualities and skills that help promote positive beh<mark>aviour towards the world in which they live. It</mark> focuses on five social and emotional aspects of learning: self-awareness, managing feelings, motivation, empathy and social skills. Across all year groups, children have regular assemblies where our core values are explored and embedded. In Years 3'and 6, children have the opportunity to take part in CASE and DARE where they are provided expert provision in order to equip children with the skills they need in modern society. The programme builds on effective work already in place in our school as we pay systematic attention to the social and emotional aspects of learning through our whole-school ethos.

