

Call Childline on 0800 1111 or visit childline.org.uk/kids

Whatever your worry, you can talk to us. It's free, you don't have to tell us your name, and you can chat about anything.

childline

ONLINE, ON THE PHONE, ANYTIME

Childline is a service provided by the NSPCC INSPCC 2020. Registered charity. England and Wales 216401. Scotland SC037717. Illustration by Emily Keenor. J20201088. Inspan: