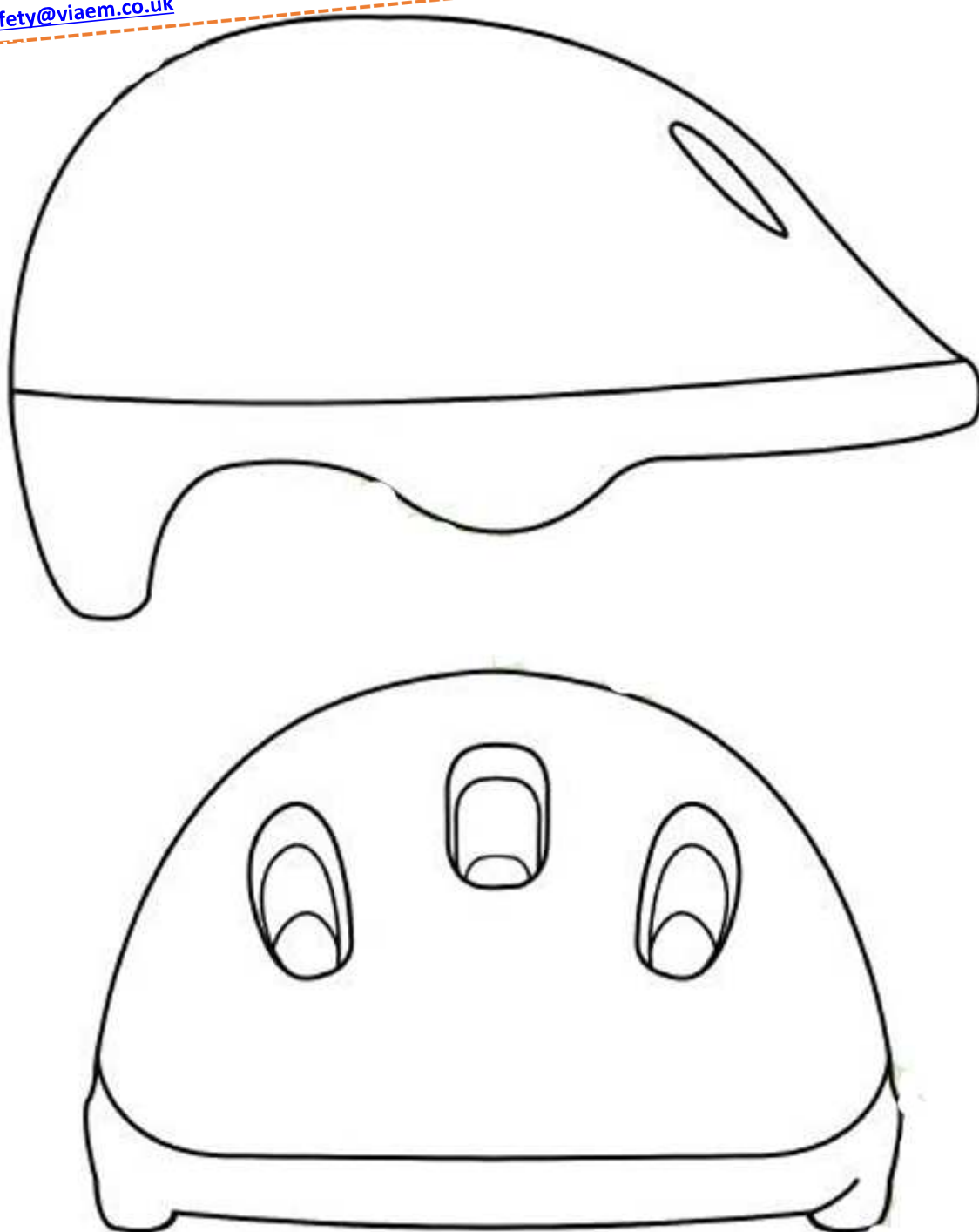


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**Nottinghamshire
County Council**

Helmets help keep us safe when we are out riding our bikes and scooters. They come in different shapes and colours. If you could design your own helmet what would it look like? Use the template below to design your own helmet. We would love to see your finished designs, once finished you could send them to road.safety@viaem.co.uk



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Match the word to the picture

This is Spike. Spike loves riding on his bike. He always makes sure he is wearing his helmet and something bright when out riding. Can you match the label to the correct item in the picture?

HELMET

RED LIGHT

BRIGHT CLOTHING

PEDALS

HANDLEBARS

WHEELS

WHITE LIGHT



REFLECTORS

There is something missing from Spike's bike that would help warn people that Spike is behind them. Can you guess what is missing?

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**Riding our bikes is a
great way to get about.
However, it is important
that we keep ourselves
safe while riding.**

Spot the difference!

How many differences can you spot? When you
see one draw a circle round it.



A



B

Which cyclist is easier to see in the dark?

A or B?

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Bikes come in different shapes, sizes and colours. Use the templates below to design your perfect bike. What colour would it be? What pattern would you have on it? We would love to see your finished designs, once finished you could send them to road.safety@viaem.co.uk

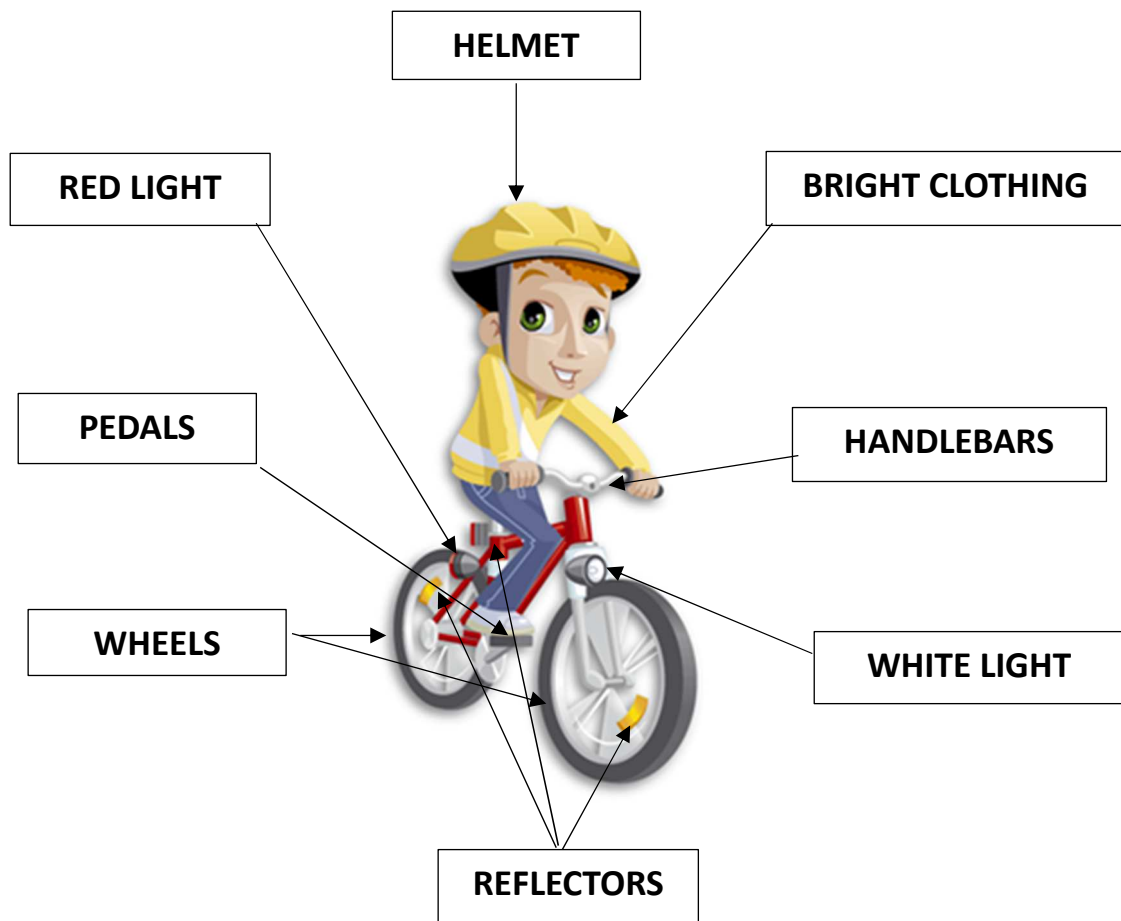


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ANSWERS



There is something missing from Spike's bike that would help warn people that Spike is behind them. Can you guess what is missing?

BELL

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A



B

Which cyclist is easier to see in the dark?

A